



Portslade

Neighbourhood Action Plan (NAP)



North Portslade



- S** = School
- C** = Church
- GP** = GP Surgery
- - -** = Railway

Downland Court Community Hall

The ruins of Portslade Manor, north side of St Nicolas

Com

Portslade Neighbourhood

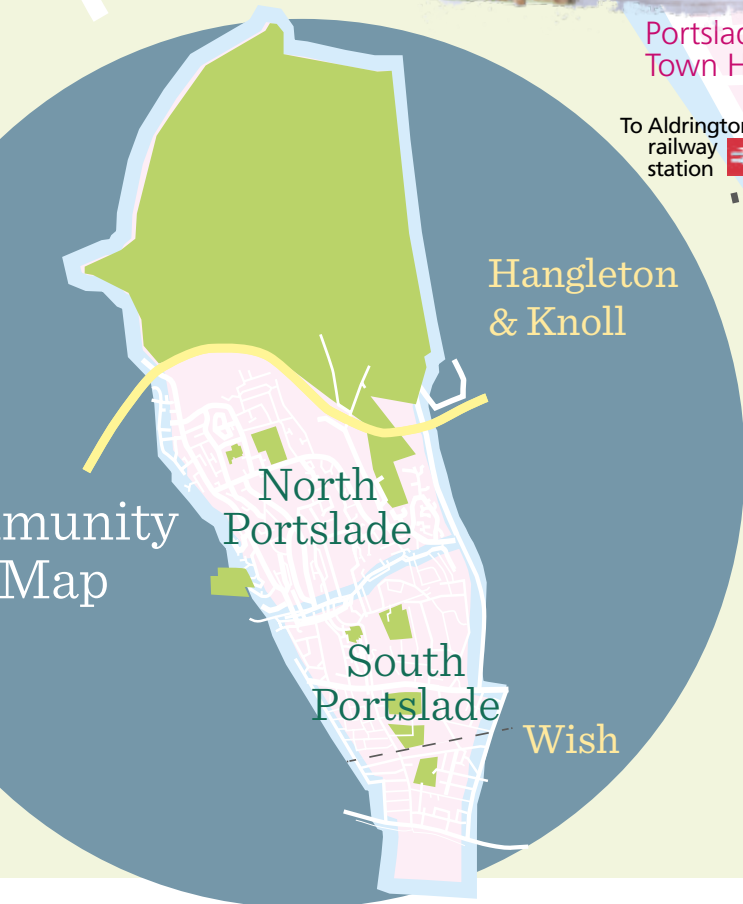
Hangleton & Knoll



Portslade Baptist church



Portslade Town Hall



Community Map



South Portslade Community Centre

North & South Portslade



Scout Hut,
Vale Park



The Portslade Neighbourhood Action Plan is based on local knowledge and experiences that identifies priorities, resources and opportunities for people living and working in North & South Portslade.

Portslade Sports Centre



South Portslade Community Centre



Portslade Village Centre with youth bus

Welcome to the Portslade Neighbourhood Action Plan (NAP)



When communities work with each other and with local services, there are more opportunities to listen, understand each other and shape services that work. It builds skills which can lead to volunteering or employment and creates a greater sense of belonging across communities and neighbourhoods. Supporting communities to develop networks with friends and neighbours creates more community activities, reducing social isolation, improving wellbeing, and reducing the need for more specialist services.

This NAP aims to fulfil the commitment within the Brighton & Hove Collaboration Framework working collaboratively to improve and develop North & South Portslade.



Portslade Neighbourhood Action Plan (NAP)

A fact-finding, consultation process was carried out with local residents, community groups, and services.

The Trust for Developing Communities worked with local groups and hosted a public consultation

day at Portslade Town Hall in November 2018. This Neighbourhood Action Plan will continue to evolve as the goals are reached and new opportunities arise.



We asked four simple questions:

1. Are you, or would you like to be, involved in the community?
2. What is important to you in your community?
3. What are your hopes and goals for yourself and your community?
4. Who, or what, else could help achieve your goals?

The responses fell into three themes:

1. Health and Wellbeing
2. Community Spaces, Safety & Environment
3. Activities, Learning & Employment

Portslade Neighbourhood Action Plan (NAP)

There are three themes that have been identified by the residents of North and South Portslade in partnership with community groups, the voluntary sector and public services:

1. Health & Wellbeing



2. Community Spaces, Safety & Environment



3. Activity, Employment & Learning



In addition to residents' great ideas and local knowledge, there is a real desire to participate in this change. This will improve the local area and set up, run, and deliver services and activities through community groups and organisations.

Throughout the year, there will be NAP events taking place across the wards, enabling residents and service providers to share their progress, views and ideas.

North & South Portslade Communities

There are **10,120 people** living in North Portslade



and

9,880 people in South Portslade

The % of people 'satisfied with their neighbourhood' **85.9%** is higher than average across England (**79.3%**)

Most residents spoken to liked living in Portslade and were complimentary about the streetscape, open spaces, parks and community spirit.

Deprivation facts



Income, employment, housing



15.3% of children in North Portslade are in out of work households

compared to **12.4%** in Brighton & Hove and **14%** in England

1 area within the North and **2** in the South fall within the **20% most deprived** in England for employment, barriers to housing & income deprivation affecting children



Education/skills



24% of people in North Portslade & **22.9%** in South Portslade have **no qualifications**

compared to **16.1%** in Brighton & Hove and **22.5%** across England



Health & wellbeing

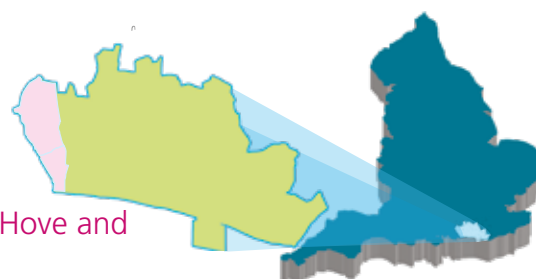


Number of **people with limiting long-term illness** aged 16-64 in

North Portslade is **13.7%**

South Portslade is **14.5%**

compared to **12.2%** in Brighton & Hove and **12.7%** in England



Probability of loneliness for those aged 65 and over 4.0% in North Portslade compared to **3.8%** in Brighton & Hove and **3.9%** in England

Whilst the no. 49 bus routes links Boundary Road and Portslade Station to Brighton town centre and the no.1 bus route links up to North Portslade and Mile Oak, there are a number of facilities not immediately accessible by public transport.

Some of the challenges faced by residents include isolation, loneliness and access to activities and services.

Story 1: Purple People Kitchen



The Purple People Kitchen (PPK) is a vital food bank for the Portslade community that has been running successfully since 2012. The group formed and established good governance and operational practices with support from the community worker.

The PPK provides a hot meal every Friday afternoon at Portslade Town Hall and distribute food items to its clients. In 2017 they were awarded the 'Community Stars' Award from the Argus.

Over the past months, the PPK has been in great demand with 60 -70 residents benefitting from each session.

PPK continues to work with Fareshare, UK Harvest, Marks & Spencer's, Greggs and Iceland, which ensures they can offer fresh products and a vital selection of fruit and vegetables. PPK volunteers work with TDC, Brighton & Hove Food Partnership and Community Works to improve their skills and service.

“Our weekly meal is very popular and offers a positive social setting for our clients. The dedication of our volunteers is outstanding. Their commitment to work to collect cook and store food is commendable. We work hard to improve the lives of those who come to us with the knowledge that we have the continued support of a very strong public spirited local community”.

Ann Menhinick
Founder member of PPK



Story 2 Young People

Meeting Young People in the park every Wednesday, youth workers have worked with young people to provide activities that look at health, community responsibility and involvement, school related problems. Young people are now volunteering at 'Art in the Park', with Mile Oak Rec Action Group.

The Hangleton and Knoll project youth team have recently introduced the Youth Bus to Mile Oak, which was donated by Brighton & Hove City Council (BHCC). The bus provides young people with a warm, dry and safe space with the opportunity to make new friends, develop personal and social skills and talk to a trusted adult about issues affecting them. Activities on the bus include art, games, Xbox tournaments and hot chocolate.



The Hangleton and Knoll Project Youth Team has been working with young people in Mile Oak since January 2018.

The Portslade Community Forum have a community safety brief.

They work with the Council's Community Safety team and stay in contact with the **Local Action Team (LAT)** City wide Forum to feedback safety concerns.

As one of the areas in the city where larger developments are planned, there is local interest in forming a designated neighbourhood forum to support resident's voices in planning processes.

Health & Wellbeing

There are four GP surgeries across the two wards and all have patient participation groups. There are also family health services at the schools and children's centre.

Alongside these health services TDC supports the **Portslade Community Forum (PCF)** in distributing Healthy Neighbourhood funding to community run health projects. The money is part of Brighton & Hove City Council's third sector investment from Public Health and helps to reach people that might not otherwise access healthy activity. It has funded projects in the neighbourhood such as art classes, bowls, yoga,



“There are plans to continue our bus work in Mile Oak, so please come and say hello if you see us!”

HKP Youth Work Coordinator

Portslade Aldridge City Academy (PACA)

Adult Learning



barn dances, outdoor gyms, gardening groups and cooking projects to help improve diet and nutrition.

On average 8 groups receive grants annually with upwards of 400 residents benefitting from funded projects.

PACA provides a range of adult learning services to the community from their base at the school as well as Foredown Tower and South Portslade Community Centre.

They are a valuable resource for lifelong learning working with adults on apprenticeships, access courses aiding return to work or education. Professional and vocational courses are offered as well as health and wellbeing options all of which can help transform the confidence and prospect of local residents.



Story 3: Friends of Parks in Portslade

TDC and Brighton & Hove City Council Park Rangers support a network of Friends of Parks groups including:

- Vale Park
- Mile Oak Rec' Action Group (MORAG)
- Victoria Park



These groups run a range of activities and events in these spaces, providing opportunities for people to meet their neighbours and experience new things as well as help fundraise for these important local facilities and install new features like this outdoor gym in Mile Oak. (pictured)

“I was really pleased that some of the activities on the day were free. I saw families there, able to join in, that I know are really struggling financially.”

“The **Friends of Vale Park** is a community group helping develop and enhance Vale Park as an attractive green space in South Portslade for the benefit of local people. It’s our aim for residents to be involved with the park, enjoy it and be proud of it. Support for the Friends has grown steadily in the past few years and includes partnerships with local residents and businesses, other community organisations and the statutory authorities.”

Patricia
(Friends of Vale Park)



Residents planting up Victoria Park

“I counted over six languages spoken at the picnic.”

Community Newsletters

Portslade has a bi-monthly newsletter, North Portslade Community News, which is distributed by volunteers to over 6,000 households and businesses throughout Portslade.

The newsletter often features contributions from local schools and community groups and regularly receives updates from local councillors across both wards of South and North Portslade.



St Nicolas Primary School



Benfield School



Mile Oak School



Hill Park School



Brackenbury Primary School

Digital Portslade

There is a need for greater access to digital resources which is partly being addressed by Digital Brighton and Hove and Volunteering Matters both of whom offer training in local libraries. There is however an active and growing community on social media.

The Facebook pages of the Friends of Parks groups have over 1,500 members while Portslade and Mile Oak Forum has over 2,500 members on Facebook.

North & South Portslade NAP themes



Activity, Learning and Employment

What are we trying to achieve?	How are we going to achieve it?	Who is going to do it?	What are we doing now?
<p>People are well informed and feel positive about where they live</p>	<p>Newsletter / Articles Social media/ IT support Posters/ leaflets</p> <p>Invite active residents to become community lead contributors – content providers</p>	<p>Portslade Community Newsletter</p> <p>Portslade Community Forum</p> <p>Facebook groups with community leads posting</p> <ul style="list-style-type: none"> • Friends of Parks (Vale, Victoria, Mile Oak) • Portland Road Hove Community (Portlandia) (Group) • Buzz on Boundary (Group) • Portslade and Mile Oak Forum (Group) • Portslade Old Village • West Hove Matters <p>Libraries (noticeboards) Parks (noticeboards) Digital First visiting Portslade Community Forum BHCC Resident Involvement Team & Tenants & Residents Associations (TRAs) (through Homing In/ noticeboards) Other social landlords (newsletters to tenants) Trust for Developing Communities support community leads</p>	
<p>People are more involved in their neighbourhood and feel more positive about where they live</p>	<p>Host & promote regular Public meetings and events</p>	<p>Friend of Parks Groups</p> <ul style="list-style-type: none"> • Vale Park • Victoria Park • Easthill Park (via Fresh Start – Portslade) • MORAG (Mile Oak Rec' Action Group) • Portslade Community Forum(PCF) 	
<p>People find it easier to navigate public services and overcome barriers to support</p> <p>A more cohesive community</p>	<p>Establish network for services in Portslade</p>	<p>Trust for Developing Communities Age UK Volunteering Matters BHCC – Communities team CCG (NHS) Police and Community Support Officers</p>	

Activity, Learning and Employment *continued*

People have better access and knowledge of digital services in the community	Provide digital outreach & training opportunities for community groups and individuals	Digital Brighton & Hove BHCC – Digital First & Libraries Trust for Developing Communities PACA Adult Learning	
People with mobility issues are able to access activities Tackle social isolation in the community	Collate & share availability of existing transport and identify gaps	BHCC – Transport Community Transport Brighton & Hove Buses Trust for Developing Communities PCF	
People have increased skills and better employment options	Run a host of training and lifelong learning opportunities	PACA Adult Learning Volunteering matters Digital Brighton and Hove Fresh Start Portslade	



Health and Wellbeing

What are we trying to achieve?	How are we going to achieve it?	Who is going to do it?	What are we doing now?
More people can access and navigate the primary care services they need People have the opportunity to have their voices heard	Promote GP & Health Clinic services in community newsletters Hold annual Health forum (HNF event), inviting range of services and community groups	Portslade Community Forum GP Surgeries Patient Participation Groups CCG (NHS) Community Navigators	
More people feel connected to the range of diverse communities within their neighbourhood Community activity is more inclusive of minority communities of identity	Bringing people together through events: <ul style="list-style-type: none"> • Inclusive Health Days • Intergenerational activity 	Trust for Developing Communities Community groups (Inc building groups) BHCC – Communities team Community Works Local Schools Friends of parks groups	

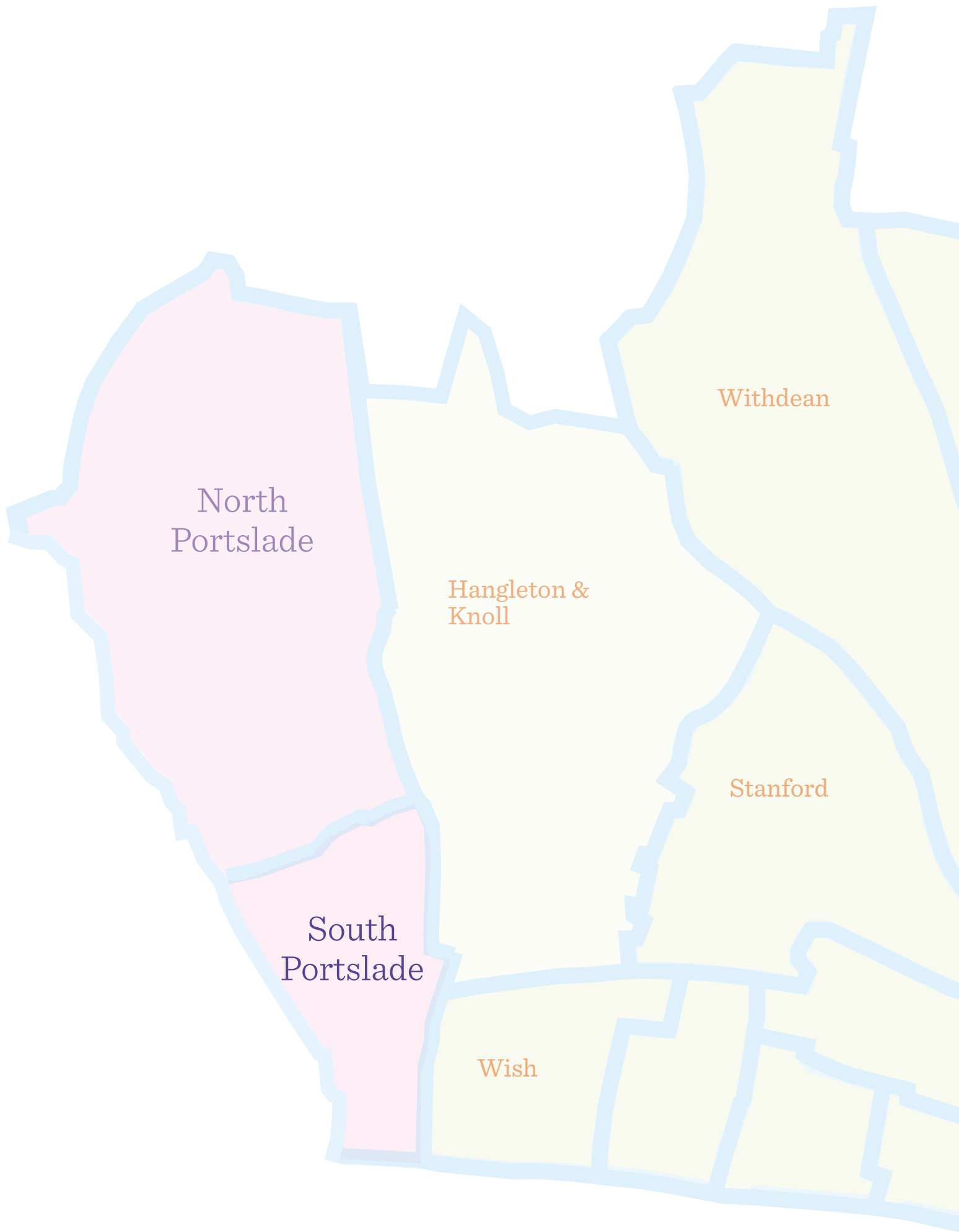
Health and Wellbeing continued

What are we trying to achieve?	How are we going to achieve it?	Who is going to do it?	What are we doing now?
<p>People have improved lifestyle choices and self-care models</p> <p>People are informed and able to make healthy lifestyle choices</p>	<p>Provide online & hard copies of advice for managing conditions in community newsletters and at events</p> <p>Involve community groups in national and city health campaigns. e.g. smoking cessation & healthy hearts</p> <p>Use Healthy Neighbourhoods Fund to kick-start wellbeing activities in the community (ParkRun, 50+ exercise, yoga)</p>	<p>GP Surgeries Trust for Developing Communities Portslade Community Forum BHCC – Healthy Lifestyles Team Libraries Public Health Mind Brighton & Hove Age UK Carers’ Centre Diabetes team CCG (NHS)</p>	
<p>Young people are emotionally and physically resilient</p>	<p>Provide informal engagement opportunities and outreach for young people e.g.:</p> <ul style="list-style-type: none"> • Activity groups • Streetwork • Summer programme <p>Also targeted peer groups/ services e.g:</p> <ul style="list-style-type: none"> • Sexual health • Mental health • Girl’s group 	<p>HKP Youth Team Schools Community groups Portslade Sports Centre BHCC Active for Life PACA</p>	
<p>More children and young people have access to healthy confidence building activity</p>	<p>Map & promote online signposting to children’s and young people’s activities and services</p>	<p>BHCC – Children’s Services, Integrated Family Service & Libraries Churches Local Schools Community groups Portslade Sports Centre Hangleton & Knoll Project (HKP)</p>	
<p>More people are supported through mutual aid and peer support in health & wellbeing choices</p>	<p>Include diverse faith and culture events in community calendar & promoted in newsletters & online</p> <p>Support community of interest groups to access support through informal settings and regular drop -ins</p>	<p>Trust for Developing Communities – BME workers PCF Churches Schools GP Surgeries</p>	
<p>Reduced isolation</p>	<p>Promote Impetus’ and other community services:</p> <ul style="list-style-type: none"> • Neighbour Care • Care navigators • Casserole club • Meal & social clubs <p>Explore possible links with BHCC housing around vulnerable tenants</p>	<p>Impetus Volunteering matters & Age UK Fresh Start Portslade Friends of parks groups Trust for Developing Communities BHCC – Housing</p>	



Community Spaces, Environment and Safety

What are we trying to achieve?	How are we going to achieve it?	Who is going to do it?	What are we doing now?
More people can make use of their community assets	Map current community spaces on bus routes in action plan Promote community assets in newsletter articles	Trust for Developing Communities BHCC Communities team Community Centres Churches Schools	
More people can make use of their community assets	Create Facebook pages and develop online booking for community spaces	Community buildings groups Community Buildings Network	
Community assets are resilient and fit for purpose	Audit use and resilience of community buildings Work with the community buildings network to make resilient management groups	Community Building Network- Health checks Trust for Developing Communities BHCC – Communities & Premises teams Community asset/buildings owners/management	
Community assets are inclusive of all sections of the community	Promoting community management groups to be representative of the community Review community facilities' accessibility for disabled and other minority groups - secret shopping	Community Building Network- Health checks Trust for Developing Communities BHCC - Communities & Premises teams Community asset/buildings owners/management	
More people engage with the green spaces and are able to use them to participate in social and physical activity	Promote current activities being held on community open space through Local Green Space events	Trust for Developing Communities Green spaces Network Friends of parks groups	
People like where they live	Support a range of Friends of Parks events: fairs, information days, park tidy ups	Friends of parks groups	
A more cohesive community	More coordinated walkabouts/estate inspections	PLAT BHCC – Field officers & Planning Police & Community Support Officers	
People feel able to influence planning where they live Maximised Community Assets	Form a Designated Neighbourhood Forum and Plan	BHCC Planning & Communities team Trust for Developing Communities Portslade Ward Councillors	



North
Portslade

South
Portslade

Hangleton &
Knoll

Withdean

Stanford

Wish

Acknowledgements:

Hundreds of local residents and many city council services and public services such as schools, police, fire, health services, businesses, local councillors and community groups have participated in creating this Neighbourhood Action Plan.

Portslade Community Forum

Portslade Local Action Team

Purple People Kitchen

Age UK

Brighton & Hove Food Partnership

The Community Oven

Digital Brighton and Hove

Fresh Start Portslade

Impetus

Mind

Mile Oak Medical Centre

Mile Oak Community Centre

Hangleton & Knoll Youth Team

PACA

PACA Adult Learning and Apprenticeships

Freedom Leisure Portslade Sports Centre

Friends of Vale Park

Friends of Victoria Park

Mile Oak Rec' Action Group (MORAG)

Portslade Medical Centre

Portslade Childrens Centre

The Links Surgery

South Portslade Community Centre

Volunteering Matters

Brighton & Hove City Council

– Communities Team/Road Safety/ Planning/ Parks and Parks Rangers/ Resident Involvement Team/ Active for Life, Healthy Lifestyles Team/Sheltered Housing/ Field Officers/ City Clean/ Integrated team for Families Youth and Parenting Services/

Police/ PCSO's

Fire Service

We recognize that by the time the above list is published many more community people, organisations and services will have contributed through their work and efforts to improve the local area and community. The huge efforts and continued input from all is acknowledged and valued and it will be this that drives the work of the NAP to ensure the actions are turned into reality going forward.

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Emmaus



Easthill Park



Portslade Town Hall

